

Men's Health Screening Checklist:

Test	Last Test Month/ Year	Results	Next Test Due Month/Year	Questions for the Doctor
Weight / (BMI)				
Total Cholesterol				
HDL (good):				
LDL (bad):				
Triglycerides				
Blood pressure				
Colonoscopy				
Diabetes				
Eye exam				
Skin screening				
Oral screening				
Hearing test				
Sexually transmitted diseases (Syphilis, Chlamydia, Gonorrhea and other STIs)				
HIV infection				
Abdominal aortic aneurysm				
Rectal exam (hemorrhoids, lower rectal problems and prostate cancer)				
PSA blood test				
Chest X-ray				
EKG				
Kidney or Thyroid dysfunction				
Mental health screening				
Tetanus Booster				
Sexual Performance				
Bone Health				
Testosterone Screening				
Flu /Pneumonia / COVID vaccine				