

BLS Multi Student Checklist

Adult Skills Testing



Students

Student 1:		Student 6:	
Student 2:		BLS checkoff testing maximum of 6 students per session	
Student 3:		Student 7:	
Student 4:		Student 8:	
Student 5:		Student 9:	

Hospital Scenario: "You are working in a hospital or clinic, and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and the approach the patient. Demonstrate what you would do next."

Prehospital Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Insert P (Pass) NR (Needed Remediation).

Student Number	1	2	3	4	5	6	7	8	9
Assessment and Activation									
• Checks for responsiveness									
• Shouts for help/activates the emergency response system/Sends for AED									
• Checks Breathing									
• Checks Pulse									
<i>Once Student shouts for help, Instructor says, "Here's your barrier device. I am going to get the AED."</i>									
Cycle 1 of CPR (30:2) *CPR feedback devices are required for accuracy									
• Adult Compressions – Performs high-quality compressions*:									
○ Hand Placement on lower half of sternum									
○ 30 compressions in no less than 15 and no more than 18 seconds									
○ Compressions at least 2 inches (5 cm)									
○ Complete recoil after each compression									
• Adult Breaths – Gives 2 breaths with a barrier device:									
○ Each breath given over 1 second									
○ Visible chest rise with each breath									
○ Resumes compressions in less than 10 seconds									
• Resumes compressions in less than 10 seconds									
Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed									
• Adult Compressions – Performs high-quality compressions									
• Adult Breaths – Gives 2 breaths with a barrier device:									
• Resumes compressions in less than 10 seconds									
<i>Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."</i>									
AED (Follows prompts of AED)									
• Powers on AED									
• Correctly attaches pads									
• Clears for analysis									
• Clears to safely deliver shock									
• Safely delivers a shock									
Resumes Compressions									
• Ensures compressions are resumed immediately after shock delivery									
○ Student directs instructor to resume compressions or									
○ Student resumes compressions									
Test Results: Enter P (Pass) or NR (Needs Remediation)									

A student specific sheet must be included in the class paperwork for any student that has a NR (Needed Remediation) for any section.

INSTRUCTOR AFFIRMS THAT ALL SKILLS TESTS WERE DONE ACCORDING TO AHA GUIDELINES		
Instructor Name:	Instructor Signature:	Date:

BLS Multi Student Checklist

Infant Skills Testing



Hospital Scenario: "You are working in a hospital or clinic, when a woman runs through the door, carrying an infant. She shouts, 'Help me! My baby's not breathing.' You have gloves and a pocket mask. You send your coworker to activate the emergency response system and to get the emergency equipment."

Prehospital Scenario: "You arrive on the scene for an infant who is not breathing. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Insert P (Pass) NR (Needed Remediation).

Student Number	1	2	3	4	5	6	7	8	9
Assessment and Activation									
• Checks for responsiveness									
• Shouts for help/activates the emergency response system/Sends for AED									
• Checks Breathing									
• Checks Pulse									
<i>Once student shouts for help, instructor says, "Here's your barrier device. I am going to get the AED."</i>									
Cycle 1 of CPR (30:2) *CPR feedback devices are required for accuracy									
• Infant Compressions – Performs high-quality compressions*:									
○ Placement of 2 fingers or 2 thumbs in the center of the chest, just below the nipple line									
○ 30 compressions in no less than 15 and no more than 18 seconds									
○ Compressions at least 1/3 the depth of the chest, about 1 ½ inches (4cm)									
○ Complete recoil after each compression									
• Infant Breaths – Gives 2 breaths with a barrier device:									
○ Each breath given over 1 second									
○ Visible chest rise with each breath									
• Resumes compressions in less than 10 seconds									
Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed									
• Infant Compressions – Performs high-quality compressions									
• Infant Breaths – Gives 2 breaths with a barrier device:									
• Resumes compressions in less than 10 seconds									
<i>Rescuer 2 arrives and with bag-mask device and begins while Rescuer 1 continues compressions with 2 thumb-encircling hands technique.</i>									
Cycle 3 of CPR									
• Infant Compressions – Performs high-quality compressions*									
• 15 compressions with 2 thumb-encircling hands technique									
• 15 compressions in no less than 7 and no more than 9 seconds									
• Compressions at least 1/3 the depth of the chest, approximately 1½ in. (4cm)									
• Complete recoil after each compression									
• Infant Breaths – Gives 2 breaths with a barrier device:	Rescuer is not evaluated								
• Resumes compressions in less than 10 seconds									
Cycle 4 of CPR									
• Infant Compressions – Performs high-quality compressions	Rescuer is not evaluated								
• Rescuer 1: Infant Breaths – Gives 2 breaths with a barrier device:									
• Each breath given over 1 second									
• Visible chest rise with each breath									
• Resumes compressions in less than 10 seconds									
Test Results: Enter P (Pass) or NR (Needs Remediation)									

A student specific sheet must be included in the class paperwork for any student that has a NR (Needed Remediation) for any section.

INSTRUCTOR AFFIRMS THAT ALL SKILLS TESTS WERE DONE ACCORDING TO AHA GUIDELINES		
Instructor Name:	Instructor Signature:	Date: